

# PARENT & TODDLER AQUATICS

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	FRI / THURS / THURS			
<b>Kayme</b>	September			
4:30-5 PM	1	7	14	<del>21</del>

# PRE-SCHOOL LEVEL 1: Introduction to Water Sl

NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Kyrra</b>	MONDAYS			
	September			
3:30-3:50 PM	<del>4</del>	11	18	25
SEMI PRIVATE				
Instructor: <b>Kyrra</b>	MONDAYS			
	September			
4:10-4:30 PM	<del>4</del>	11	18	25
SEMI PRIVATE				
Instructor: <b>Kyrra</b>	WEDNESDAYS			
	September			
3:30-3:50 PM	<del>6</del>	13	20	27
SEMI PRIVATE				
Instructor: <b>Kyrra</b>	WEDNESDAYS			
	September			
4:10-4:30 PM	<del>6</del>	13	20	27
SEMI PRIVATE				
Instructor: <b>Bryan</b>	SUNDAYS			
	September			
2:20-2:40 PM	<del>3</del>	10	17	24
SEMI PRIVATE				
Instructor: <b>Bryan</b>	SUNDAYS			
	September			
2:40-3 PM	<del>3</del>	10	17	24
SEMI PRIVATE				
Instructor: <b>Casey</b>	WEDNESDAYS			
	September			
6:20-6:40 PM	<del>6</del>	13	20	27
SEMI PRIVATE				
Instructor: <b>Kayme</b>	FRI / THURS / THURS			
	September			
3:40-4 PM	1	7	14	<del>21</del>
SEMI PRIVATE				
Instructor: <b>Kayme</b>	FRIDAYS			
	September			
3-3:20 PM	8	15	22	29
SEMI PRIVATE				

CONT

Instructor: <b>Kayme</b>	FRIDAYS			
	September			
3:20-3:40 PM	8	15	22	29
SEMI PRIVATE				
Instructor: <b>Kayme</b>	FRIDAYS			
	September			
3:40-4 PM	8	15	22	29
SEMI PRIVATE				
Instructor: <b>Casey</b>	WEDNESDAYS			
	September			
6:40-7:10 PM	<del>6</del>	13	20	27
Instructor: <b>Kyrra</b>	TUESDAYS			
	September			
5-5:30 PM	<del>5</del>	12	19	26
Instructor: <b>Kyrra</b>	THURSDAYS			
	September			
5-5:30 PM	<del>7</del>	14	21	28
Instructor: <b>Kyrra</b>	THURSDAYS			
	September			
5:30-6 PM	<del>7</del>	14	21	28

# SCHOOL-AGED LEVEL 1: Introduction to Water

NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Bryan</b>	SUNDAYS			
	September			
11-11:30 AM	<del>3</del>	10	17	24
Instructor: <b>Kayme</b>	FRI / THURS / THURS			
	September			
4-4:30 PM	1	7	14	<del>21</del>
Instructor: <b>Kayme</b>	FRIDAYS			
	September			
4:30-5 PM	8	15	22	29
Instructor: <b>Kyrra</b>	MONDAYS			
	September			
6:20-6:50 PM	<del>4</del>	11	18	25

# LEVEL 2A: Fundamental Aquatics Skills

NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Kyrra</b>	MONDAYS			
	September			
4:30-5 PM	<del>4</del>	11	18	25
Instructor: <b>Kyrra</b>	TUESDAYS			
	September			
5:30-6 PM	<del>5</del>	12	19	26
Instructor: <b>Kayme</b>	FRIDAYS			
	September			
4-4:30 PM	8	15	22	29
Instructor: <b>Bryan</b>	SUNDAYS			
	September			
11:30 AM-12	<del>3</del>	10	17	24
Instructor: <b>Bryan</b>	SUNDAYS			
	September			
12:30-1 PM	<del>3</del>	10	17	24
Instructor: <b>Casey</b>	WEDNESDAYS			
	September			
4:30-5 PM	<del>6</del>	13	20	27
Instructor: <b>Casey</b>	WEDNESDAYS			
	September			
5-5:30 PM	<del>6</del>	13	20	27

# LEVEL 2B: Fundamental Aquatics Skills

NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	FRI / THURS / THURS			
<b>Kayme</b>	September			
5-5:20 PM	1	7	14	<del>21</del>
SEMI PRIVATE				
Instructor:	FRIDAYS			
<b>Kayme</b>	September			
5-5:30 PM	8	15	22	29
Instructor:	SUNDAYS			
<b>Bryan</b>	September			
12-12:30 PM	<del>3</del>	10	17	24
Instructor:	SUNDAYS			
<b>Bryan</b>	September			
1:30-2 PM	<del>3</del>	10	17	24
Instructor:	TUESDAYS			
<b>Kyrra</b>	September			
6-6:30 PM	<del>5</del>	12	19	26
Instructor:	THURSDAYS			
<b>Kyrra</b>	September			
6-6:30 PM	<del>7</del>	14	21	28
Instructor:	TUESDAYS			
<b>Emily</b>	September			
6-6:30 PM	<del>5</del>	12	19	26

# LEVEL 3: Stroke Development

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Kyrra</b>	MONDAYS			
	September			
6:50-7:20 PM	<del>4</del>	11	18	25
Instructor: <b>Kyrra</b>	TUESDAYS			
	September			
6:30-7 PM	<del>5</del>	12	19	26
Instructor: <b>Kyrra</b>	THURSDAYS			
	September			
6:30-7 PM	<del>7</del>	14	21	28
Instructor: <b>Bryan</b>	SUNDAYS			
	September			
3:30-4 PM	<del>3</del>	10	17	24

# LEVEL 4/5: Stroke Improvement

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	MONDAYS			
<b>Kyrra</b>	September			
5-5:30 PM	4	11	18	25



# PRE-SWIM TEAM

NOTE: Lesson dates are highlighted in **GOLD**

**\*\*If you would like to practice *more than two days a week***  
please sign up for more than one time slot.

Instructor: <b>Kyrra</b>	TUES / THURS			
3:55-4:35 PM	<del>5/7</del>	12/14	19/21	26/28
Instructor: <b>Kyrra</b>	MON / WED			
5:35-6:15 PM	<del>4/6</del>	11/13	18/20	25/27

# SUNDAY Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Bryan</b>	SUNDAYS			
	September			
3-3:30 PM	<del>3</del>	10	17	24
4:30-5 PM	<del>3</del>	10	17	24
5-5:20 PM	<del>3</del>	10	17	24
5:20-5:40 PM	<del>3</del>	10	17	24
5:40-6 PM	<del>3</del>	10	17	24

# MONDAY Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	MONDAYS			
<b>Kyrra</b>	September			
3:50-4:10 PM	<del>4</del>	11	18	25

# TUESDAY Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	TUESDAYS			
<i>Kyrra</i>	September			
4:40-5 PM	<del>5</del>	12	19	26
7-7:20 PM	<del>5</del>	12	19	26

  

Instructor:	TUESDAYS			
<i>Emily</i>	September			
6:30-7 PM	<del>5</del>	12	19	26

# WEDNESDAY Private Lessons

NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	WEDNESDAYS			
<b>Kyrra</b>	September			
3:50-4:10 PM	<del>6</del>	13	20	27
4:30-5 PM	<del>6</del>	13	20	27
5-5:30 PM	<del>6</del>	13	20	27
6:50-7:10PM	<del>6</del>	13	20	27
6:20-6:50 PM	<del>6</del>	13	20	27
7:10-7:30 PM	<del>6</del>	13	20	27

Instructor:	WEDNESDAYS			
<b>Casey</b>	September			
7:10-7:40 PM	<del>6</del>	13	20	27
7:40-8 PM	<del>6</del>	13	20	27

In LAP POOL (Level 4/5 Or Pre-Team Private ONLY)

Instructor:	WEDNESDAYS			
<b>Casey</b>	September			
5:35-6:15 PM	<del>6</del>	13	20	27

# THURSDAY Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	THURSDAYS			
<i>Kyrra</i>	September			
4:40-5 PM	<del>7</del>	14	21	28
7-7:20 PM	<del>7</del>	14	21	28

  

Instructor:	FRI / THURS / THURS			
<i>Kayme</i>	September			
3-3:20 PM	1	7	14	<del>21</del>
3:20-3:40 PM	1	7	14	<del>21</del>

# FRIDAY Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor: <b>Kyrra</b>	FRIDAYS			
	September			
3:40-4 PM	<del>8</del>	15	22	29
4-4:20 PM	<del>8</del>	15	22	29
4:20-4:40 PM	<del>8</del>	15	22	29
4:40-5 PM	<del>8</del>	15	22	29
5-5:30 PM	<del>8</del>	15	22	29
5:30-6 PM	<del>8</del>	15	22	29
6-6:20 PM	<del>8</del>	15	22	29
6:20-6:40 PM	<del>8</del>	15	22	29
6:40-7 PM	<del>8</del>	15	22	29
7-7:20 PM	<del>8</del>	15	22	29

# DAYTIME Private Lessons

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NOTE: Lesson dates are highlighted in **GOLD**

Instructor:	MONDAYS			
<b>Karen</b>	September			
8:45-9:15 AM	<del>4</del>	11	18	25
9:15-9:45 AM	<del>4</del>	11	18	25
9:45-10:15 AM	<del>4</del>	11	18	25

  

Instructor:	WEDNESDAYS			
<b>Karen</b>	September			
8:45-9:15 AM	6	13	20	27
9:15-9:45 AM	6	13	20	27
9:45 - 10:15 AM	6	13	20	27