



AGE & ACCESS REQUIREMENTS

16 & 17yrs

- *Must be a member &/or have a parental waiver on file to use any aspect of the club*
- *Have full access to the club without a supervising adult as long as they have a parental waiver on file and then they're eligible to receive their own barcode (eligibility requires a parental waiver and turning 16yrs old)*

13-15 yrs

- *Must attend our teen fit class to have full access to the club while their supervising adult is on site & have a parental waiver on file*
- *Must Enter CCHC with their supervising adult, present their name to check-in, and then they will be able to use the fitness floor equipment, swimming pools, basketball court, & attend group fitness classes while the supervising adult is on site*

10-12 yrs

- *May attend a group fitness class with their supervising adult & always subject to the instructor's discretion*
- *May use the basketball court while a supervising adult is on site*

12 & under

- *May use the pools while a supervising adult is in the same pool room. Ex. If the child is in the lap pool then the adult must be in the lap pool room*
- *Are not allowed to sit/hang out with parents on the fitness floor, cardio deck or in the studios*
- *9 yrs & under must have a supervising adult with them at all times to use the basketball court*

Kids Club

- *6 months – 12 yrs old, reservations are recommended*

Other rules that apply

- *Lap pool is dedicated for lap swimming only*
- *5yrs & under are not allowed in the hot tub under any circumstances-this is a state law*
- *ALL adults (18 & older) that enter CCHC must be a member or pay the day pass*

CCHC defines "Supervising adult" as parent or legal guardian 18 yrs or older that is in line of sight, able to adjust behavior to follow all CCHC policies, procedures, and etiquette. They must be able to help avoid safety issues and other member disturbances. "On site" is defined as checked in & inside the building